

IS THE PENDULUM DANGEROUS ? 10-1-2021

The other day I was browsing around on the internet and I checked out a forum pertaining to a variety of paranormal topics. One that I seem to be going to quite a bit recently. I saw a discussion thread there that grabbed my attention. It was titled Is the Pendulum Dangerous? This discussion was started by an individual who was asking... is it dangerous to use a pendulum as a method of spirit communication or channeling? I looked through the comments and I'm just going ramble here a bit with my own comments about this question.

Let's start first with the main topic... is the pendulum dangerous? My personal take on it is ...when it's used as a form of spirit communication/channeling... yes, it carries with it the same dangers as any other method of attempting to contact the unknown carries. For myself, I've never used a pendulum to try and communicate with spirits or the spiritual realm or worlds beyond on this one. In my writings, I discuss how I've been dealing with an entity attachment/oppression situation since 2015 and this all started after I had been using EVP recording to communicate with spirits... or other worldly beings. You'll have to forgive me for being a bit vague with the terminology, but so much of this topic is still a mystery to me, so I often try to use general terms that can incorporate different things.

In my situation, I was doing a lot of EVP recording for two months during the winter of 2015. I quickly went past just trying to see if I would hear anything on recording... I did and I was using EVP recording as a means of direct communication. Not only was I capturing and hearing voices on my recordings, I was communicating with them and communicating with them quite a lot during those two months. I admit that it became something of an obsession for me. When I first started out, I wasn't hearing anything on my recordings, but all of a sudden things changed and it was as if my recordings became alive with voices. I was surprised at how many voices I was hearing on the recordings and also that they were speaking directly to me... and that I could communicate with them rather easily. This is exactly what I did that winter.

At first, the experience and the communication itself seemed positive in nature, these voices weren't being hostile or threatening towards me, they seemed very interested in communicating with me as well. However, into the second month that started to change. It started off with just a few minor incidents, a critical statement here... an insult there, but once again the situation with my recordings changed rapidly. To my disappointment, I found that as the days went by, I was hearing more and more negative content. It seemed like this new element had shown up and was trying to frighten me or get some kind of negative reaction out of me. I was hearing insults.... I was hearing criticisms.... I was hearing threats towards me. I was also just hearing a lot of strange things in general. I often refer to these voices as "the negative voices." As the days went by, the negative voices began to dominate my recordings. I was troubled by this, but I kept going. I kept recording almost every night because I was still hearing a few friendlier voices

and the situation still seemed so fascinating to me... and I was still so very curious about it. I admit that the curiosity really went to my head.

Then to my surprise, towards the end of February 2015 I began having incidents of hearing the same negative voices beyond the recording sessions. During these two months, I was doing my recordings primarily at night in the spare bedroom in my home. But at this point I began having incidents of hearing the same voices at times throughout the day when I wasn't recording. Again, this started off with a few incidents, but once morethe situation changed very quickly and as the days went by, I began hearing these voices more and more outside of the recording sessions. It was at this point that I realized that something was very wrong and that I was in trouble here so I decided to stop doing EVP sessions completely. I'd hoped that by doing this that these entities would get bored and leave me alone, that I would stop hearing their voices. This did not occur. What did happen is that I kept hearing them more and more and I also began having other experiences, disturbing experiences such as feeling sensations moving around on my body, especially at night when I was trying to sleep.

Things kept getting worse and worse, the horror kept escalating for about a month until things became extreme or the shit hit the fan as I often describe it. In early April 2015, I went from having increasing incidents of hearing these voices, to hearing them on a constant basis, nonstop....day and night ...day after day after day. I was essentially being hit with an onslaught of voices, tormenting voices. I was being bombarded each and every moment by these voices. My world was falling apart, I was holding onto my sanity by a thread, but luckily I did manage to hold on. Every day was like a waking nightmare, but eventually (with the help of others who I met that also had similar experiences) I managed to start turning the situation around. I was able to reach a point where things were finally starting to improve for me instead of getting worse and worse by the day. For a while there in 2015, that's how it was.... things kept getting worse and worse. I waged a difficult battle of the mind against these negative entity attachments, and even though they inflicted a hell of a lot of damage, I held on.... I survived and I eventually started to become stronger and to reach a point where their attacks no longer had the same impact on me. I reached a point where they could no longer mess with my head and manipulate me as they once had done.

I'm not entirely free of this situation to this day. Back on my recordings, I was hearing many of these negative voices and when the voices came out of the recordings and attacked me, it seemed like there were numerous voices present. Back then, there was one voice that stood out above all the others, it was a female voice. This voice was one among many, but I quickly began to get the sense that this voice was one of my main tormentors, and one of the ringleaders of this oppression. This is the voice that I'm still hearing to this day. I'm down to just hearing her now on a regular basis. The other voices have gone for the most part. So yes, it has been quite an ordeal and I'm still dealing with some of the after affects of it to this day.

I know that you might be thinking...."how is this connected with the pendulum... with using a pendulum for spirit communication or channeling? It's true that what I was doing, using EVP recording as a means of spirit communication, is a different method of communication than the

pendulum. Yet, it is my belief that the danger of voices oppression is connected to both. During the spring and summer 2015, when the situation was at its worse, the darkest days you could say, I was searching on the internet to see if I could find any information regarding what I was experiencing. I wanted to see if I could find any similar accounts. At the time, I had never heard of this happening to anyone after doing EVP recording, so I did feel rather alone in what I was experiencing. So I searched around the internet and before long I did find another account very similar to my own involving EVP. In this account, an individual was describing being tormented by menacing voices and also experiencing physical attacks. I was experiencing both of these. This account had a connection with EVP also, but there was a difference. In this account the individual did not start recording for EVP intentionally like I had. This individual was having some kind of sleep issue at the time, and they were leaving a recorder going in their room at night in an attempt to investigate this condition that they were dealing with. So here they were not even thinking about capturing EVPs at all. However this individual (a man) described how when he went back and listened to these recordings, he was surprised, very surprised to be hearing voices on them. These were voices that he did not recognize and he had no good explanation for why they were present on his recordings. He didn't elaborate too much from there, so I don't know if he was recording for a while, or if it was just briefly. But he said that after a while he started hearing these voices all the time outside of the recordings just as I had. This was the first similar account that I had found in 2015.

Just a few weeks later, probably early summer 2015 I found another account. What this individual described in regards to their experience with hearing voices and also with perceiving a physical presence.... also mirrored my own experiences. This individual wrote quite a lot about what they had been through. In one particular piece of writing, this individual (also a man) described how the situation began for him. In this account, the individual stated that he was engaged in spirit communication, and that the method that he was using to go about this was by using a pendulum with what he described as a homemade Ouija Board. He was successful in establishing contact and in communicating with invisible entities, and he also mentioned being very curious and very fascinated by this experience. He was more or less describing what I mentioned about being swept up by the powerful sense of curiosity. In his case, he mentioned that the entities that he was communicating with through the use of a pendulum told him that they were his guides. He mentioned that initially the communication seemed quite benevolent in nature, just like in my own case, but that one day he felt a presence, an external presence essentially intrude into his mind. From this point on, he began hearing voices. What he described about these voices that he was hearing mirrored my own experiences with them. The voices went from being friendly in nature to becoming dominating and very intrusive, and at times very hostile and tormenting. They also told him countless storylines and played mind games on him.

So here is another account of this kind of spiritual / entity intrusion involving hearing voices after being involved with some kind of spirit communication. This account where the pendulum was used, was the second case that I found, but it was not the last. Since 2015, I have found numerous similar cases of people starting to hear voices and experience physical sensations (an extreme intrusion into your life essentially) after being involved in spirit communication

through a number of different methods. I have found a number of cases involving EVP recording...just like in my own case. I have found the number of cases involving using a Spirit Box. I have found cases involving Automatic Writing. I have found cases involving using a Ouija Board. I have also found cases involving EVP and Spirit Box apps... that are downloaded to your phone or your computer. A number of these apps use recording features or they have white noise features which essentially make them very similar to a regular Spirit Box in many cases. So I've seen cases involving these kinds of apps. For myself, I have seen enough cases to convince me that this danger of having your mind...your life essentially, invaded by intruding voices is across the board. The danger is there regardless of the exact method of communication. Now, is one method more dangerous than another? Perhaps, this is something that I'm still trying to get a sense of. But again, I've seen cases where people started hearing voices after being involved in different methods of spirit communication.

So just answering this question that I saw on this particular forum post.... is the pendulum dangerous? My answer will be yes... it can be. This is not singling out using a pendulum, but it's what you're intending to use it for that carries with it the dangers. When you're seeking to communicate with realms beyond our own, with the unknown essentially, someone might answer your call. I know that there's a lot of belief out there that says that you can state your intentions in advance, that you can say that you only wish to communicate with good spirits... and angels and ...departed family and friends or such. I've seen mention of this quite a lot, so I know it's a common belief. However, I think one needs to remember that it's just that... it's a belief... it's not a proven fact. So if you're engaging in any kind of activity where you're seeking to communicate directly with the unknown, a belief is not necessarily going to negate a very real danger. I'm not saying this to dismiss anyone's beliefs, but I'm just saying that sometimes we have to recognize that our beliefs might be wrong or they might not hold true across-the-board. Trust me, after going through the nightmare that I went through in 2015, I have experienced the feeling of having your own personal take on things crumble right before your very eyes. It's the unknown because it's just that... it's the unknown. Of course we have our beliefs and our opinions about it, but in the final analysis there's still a whole lot that we don't know. So when you're using a pendulum to try and communicate with the beyond or using a Spirit Box, or by using EVP recording, there's many unknown variables, many unknown factors involved. Perhaps the chance of being stricken with this type of voices oppression is slight, that may be the case, but it's still there regardless.

Another thing that I want to discuss briefly here is some of what I was seeing mentioned in the comments (or replies) to this question from the forum the other day. I was seeing a lot of comments that generally talked about doing some type of cleansing or banishing... or something like that, to try and rid your environment of "negative energy" before you start using the pendulum for communication. I saw mention of this in quite a few comments on that particular thread. I saw the phrase negative energy, cleanse your environment of "negative energy" used repeatedly. I'm just going to ramble a little bit here about my own experiences with having the communication lead to an attachment situation. To the best of my recollection, I did not start my sessions by doing any kind of ritual. I didn't say any prayers trying to clear my environment of negative energy. I think maybe once I may have said that I only wanted to speak

to friendly spirits, but aside from that, I recall that I had not been doing any of this. Well I know some might say"yeah that's your problem right there, that's how you got yourself into a bad situation". Perhaps...I just don't know. After dealing with these entity attachments, and seeing how tenacious they are, at least in my case, I have my doubts that anything like that would have done any good. However, I just want to talk about this idea of negative energy here for a moment, because again... I kept seeing that term used in a lot of the comments in this discussion.

In my own writing where I describe my experiences with dealing with this entity attachment situation, I often use phrases like negative voices ...or negative entities... or negative entity attachments ...and such. I use that term "negative" myself quite a lot. Generally I mean this as a description of the intentions of these beings that I was communicating with during the winter of 2015 through EVP, and who later outright attacked me. Their intention was to harm me... to torment me... to try and manipulate me and dominate me. I've always felt that the use of voices....continuously tormenting a person with voices...was extremely sadistic. So yes, I do very much believe that all of these things can be described as "negative". So the entities that are involved in perpetrating these things, I often classify as "negative entities". However, I see this term "negative energy" used quite a lot. When this term is used, I think I understand what it's meant to convey, but I think that at least in some cases (such as in cases like my own) talking about them as negative energy... falls short in a sense. I mean, when I was being tormented day and night in April 2015, sure there was nothing pleasant about it ...it was all pretty much bad,... negative... really dark days. But the entities that were perpetrating this were more than energy... let me just put it that way. Now yes... I do believe that we are all essentially energy and energy is a big aspect of all of this, but again... I think that when trying to describe these kinds of situations, such as attachment and oppression situations, using the term "negative energy" falls short. In my own experience (and again I'm just talking about what happened to me here and just throwing it out there.. I'm not saying anything about anyone else's opinion), feeling a vibe of negativity from these entities wasn't really the first thing that came to my mind. It wasn't so much a vibe of perceiving their energy, it was perceiving them, their actions ...their characteristics... their personalities. It was more like dealing with in-the-flesh people, except that I couldn't see them. But it was much much more like that... than having anything to do with energy really. Again, I understand that energy is certainly an aspect of all of this, but I think if that term is used too much, it can be misleading in a way.

If one is just starting out with trying to communicate with the spirit realm or realms beyond this world essentially, if you're too caught up with the concept of energy... then one might not be seeing things in the most accurate way. I know that I'm not conveying my thoughts here very well but, I'm trying. Basically, when it comes to the danger of this kind of activity, it's been my observation that you're not just dealing with energy, it's not just negative energy. These are intelligent sentient beings. This entity that I'm still perceiving today, the female voice that calls herself Crystal... one of the things that assures me that she's not just a delusion of my mind, that she is in fact a real separate intelligent being, is that she does very much have her own personality. She has her own qualities and characteristics. Again, it's been much more like dealing with other people other than dealing with mere energy. Yes, there are differences in our

nature. I am an in-the-flesh living human being on planet Earth, where Crystal is something else. Perhaps she is primarily now in a state of energy, but it doesn't stop there, she's more than energy. In a sense, the term doesn't describe the half of it. So if you're looking at it as encountering negative energy, you're going to possibly miss quite a lot there. In my case, it was dealing with other personalities, and these personalities were extremely clever. Unfortunately for me, in very devious ways, but they were extremely intelligent and masters of deception and manipulation.

Looking back now, I can especially see just how skilled they were at what they were doing. It seems to me like they had done this many times before. So just taking Crystal for example, she could be hundreds or thousands of years old. I have no problem admitting that in many ways that I observe that she's much more clever than I am...by far, I just don't think like her. So you could be running the risk of encountering beings that are very old and that through experience have a lot of tricks up their sleeve. If you are going into this with notions that it's primarily just energy, then again... you're going to perhaps miss quite a lot there. Well, I know that I rambled a bit there, but I hope that you get the basic point of what I was trying to say.

- B. Edwards

- October, 2021